

The Manchester Women's Conference: 8-9th May 2008
Hulme Hall, Oxford Place, Victoria Park, Manchester M14 5RR

Seminar series, 8th May – ‘The Physical Health of Women with Mental Illness’

Workshops, 9th May – ‘Developing and Implementing Healthier services for Women in your Area’

Research suggests that people with mental illness have high rates of physical illness, much of which goes undetected. People suffering mental illness are twice as likely to die as the general population and calls for health professionals to be more aware of the physical health needs of this vulnerable group, and for better medical screening and treatment, have not led to a reduction in this risk. Women with mental illness may be even more at risk than men. All women need ongoing care and assessment of their reproductive and sexual health. Added to this, the range of poor lifestyle (lack of exercise, poor diet, smoking, substance misuse) experienced by the mentally ill, as well as pregnancy and childbirth provide further physical health risk for women with mental illness making them a particularly vulnerable population.

Several recent policy directives including The Revised National Service Framework (2005); Department of Health (1999) Saving Lives: Our Healthier Nation; Mental Health Foundation (2000) Strategies for Living make clear that people with a severe mental illness should have their physical needs assessed. However, many mental health practitioners have little training in physical care. Physical assessments of psychiatric inpatients by junior psychiatrists are poor, and the monitoring of physical health and health education by community mental health staff is generally unsatisfactory.

The conference and workshop days will generate discussion of how and why women in mental health services are at risk of poor health and what the service responses to this should be. Service planners and providers from health and social care, service users, carers, and advocacy groups will be present. The emphasis will be on finding imaginative solutions which are acceptable and useful to patients.

This Conference aims to develop priorities for action which will improve the physical health of mentally ill women. Progress will depend on a multidisciplinary approach from policy and health commissioners, and both mental health and primary care staff being aware of the potential responses to the problem.

Conference Contributors include:

Dr Sian Rees, Deputy National Director for Mental Health
Mrs. Sheila Foley, Chief Executive, Manchester Mental Health and Social Care Trust
Dr Kathryn Abel, Centre for Women's Mental Health Research
Dr Peter Haddad, Consultant Psychiatrist
Professor Gene Feder, Professor of Primary Health Care
Dr Fiona Blake, Consultant Psychiatrist
Dr Michael Craig, Lecturer in Reproductive and Developmental Psychiatry
Professor Elspeth Guthrie, Professor of Psychiatry
Dr Shubulade Smith, Clinical Senior Lecturer
Dr Angelika Wieck, Consultant Psychiatrist
Dr Roger Webb, Research Fellow
Manchester Expert Patient Programme
Victoria Park Centre Women's Group Members
Manchester Sexual Health Forum
Alpha Hospital, Sheffield

Booking Form: The Manchester Women's Conference
8th and 9th May, 2008
Hulme Hall, Oxford Place, Victoria Park, Manchester M14 5RR

Day 1 only. Cost per delegate: £160
Day 2 only. Cost per delegate: £160
Attendance on both days at a reduced rate of £260

Places Limited – Please Book Early

One booking form per delegate - PLEASE COMPLETE IN BLOCK CAPITALS

Name:	
Address:	
Email:	
Telephone:	
Payment details (Please tick one)	
<u>Day 1 Only: 8th May 2008</u> “The physical health of women with mental illness” One delegate place @ £160	
<u>Day 2 Only: 9th May 2008</u> “Developing and implementing healthier services for women in your area ” One delegate place @ £160	
<u>Day 1 and Day 2 :8th and 9th May 2008</u> One delegate place @ £260	
I enclose a cheque made payable to The University of Manchester	
Please invoice my organisation: <u>NB Details below must be FULLY COMPLETED AND A PURCHASE ORDER WITH PURCHASE ORDER NUMBER FROM YOUR ORGANISATION MUST BE ATTACHED</u>	
Contact Name:	
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PLEASE RETURN THIS FORM (WITH CHEQUE, IF APPLICABLE, MADE PAYABLE TO “THE UNIVERSITY OF MANCHESTER”) TO:

Carol Rayegan, Centre for Women's Mental Health Research, Williamson Building, University of Manchester, Manchester M13 9PL.

Tel: 0161 275 0714 Fax: 0161 275 0716 Email: Carol.Rayegan@manchester.ac.uk

REGISTRATION TERMS

Fees: Delegate fees £160 (Day 1), £160 (Day 2), £260 (Day 1 and Day 2). Fees include copy of presentations and handouts where provided, lunch and refreshments.

Places will be allocated on a first come first serve basis on receipt of payment.

Cancellations: Cancellations must be made in writing and received at the Centre for Women's Mental Health Research, Williamson Building, University of Manchester, Manchester M13 9PL **before Friday 25th April 2008**. A handling charge of £30.00 will be applied to all cancellations, although delegates maybe substituted at any time. No refunds can be offered 10 days prior to the event.

The organisers have the right to make changes to the programme.

The Manchester Women's Conference is organised by the University of Manchester in association with the Department of Health

Sponsored by: Alpha Hospitals
A state of mind

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